



Red Oak Community School JR/SR High School Breakfast Menu

March
2021

Fresh Vegetable Choices and Seasonal Fruit
are Offered Daily on the Fruit & Vegetable Bar



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Breakfast Pizza Apple Juice 1% Milk	2 French Toast Sticks Fresh Fruit 1% Milk	3 Banana Chocolate Loaf Cheese Stick Fresh Fruit 1% Milk	4 Sausage Breakfast Biscuit Fresh Fruit 1% Milk	5 Mini Pancakes Fresh Fruit 1% Milk
8 Mini Donut Fresh Fruit 1% Milk	9 Cheese Omelet Fresh Fruit 1% Milk	10 Blueberry Loaf Cheese Stick Fresh Fruit 1% Milk	11 Cinnamon Cream Cheese Filled Bagel Fresh Fruit 1% Milk	12 Hot Ham & Cheese Bagel Fresh Fruit 1% Milk
15 NO SCHOOL	16 NO SCHOOL	17 NO SCHOOL	18 NO SCHOOL	19 NO SCHOOL
22 Sausage Breakfast Biscuit Fresh Fruit 1% Milk	23 Strawberry Cream Cheese Filled Bagel Fresh Fruit 1% Milk	24 Banana Chocolate Loaf Fresh Fruit 1% Milk	25 Biscuits & Gravy Fresh Fruit 1% Milk	26 Mini Pancakes Fresh Fruit 1% Milk
29 Cheese Omelet Fresh Fruit 1% Milk	30 Mini Donut Fresh Fruit 1% Milk	31 Breakfast Pizza Fresh Fruit 1% Milk		 Choose MyPlate.gov

PRICES

Regular PK-12	\$1.80
Reduced	\$0.30
Adult	\$2.10
Milk	\$0.50

EXTRA INFO

Milk choice of 1% White, Skim or Chocolate Skim is included with lunch. Entree Salads are served with Dinner Roll. For questions or comments, contact Dana at 1-712-623-8351 or email lenscd@roschools.org

HARVEST OF



THE MONTH

Your **MENUS** plus more information on our app **TaHer Food4Life®**



www.taHer.com